

JOINT SURGERY FOR HAEMOPHILIA: INFORMATION FOR EDUCATION INSTITUTIONS

HOW CAN YOU SUPPORT YOUR STUDENT BEFORE, DURING AND AFTER SURGERY?

Contact the educational health services/school nurse for advice on creation of a plan for support of the student.

This may include:

- Giving them time off to attend hospital appointments
- Ensuring they have ramp and/or lift access, as they may need an assistive device such as a wheelchair, walking frame or crutches at first
- Giving them time to catch up on what they have missed
- Allowing them to start later than usual, and leave classes earlier to avoid crowds
- Allowing more flexibility to study at home, including providing learning resources
- Ensuring they avoid physically demanding activities at first
- Giving them more rest periods than usual

Dangerous signs to look out for include:¹

- Severe pain
- Report of a high temperature, an unusually red or hot wound, or opening/drainage of the wound



Chest pains or breathing problems –

emergency services should be contacted immediately

If you notice any worrying symptoms, the student's emergency contact details are below:

More information can be obtained through the usual process with your student's consent. Information about their condition can be shared among support staff if consent is given, but not with other students.

TIME OFF WILL BE NEEDED FOR:¹⁻³

- Hospital appointments in the months leading up to and following surgery
- In-hospital stay
- Rehabilitation

Your student will be able to inform you of more detailed estimations on their operation timings, as advised by their healthcare team.

Important dates

Estimated surgery date: _____

Projected return to education date (may change depending on recovery): _____

The most important thing is to support your student throughout their rehabilitation process, so they can achieve the quickest and best recovery possible.^{1,3}



References: 1. Canadian Hemophilia Society. Challenges, Choices, Decisions. A Guide on Orthopedic Surgery for People with Hemophilia. Available from: <https://www.hemophilia.ca/files/Challenges-Choices-Decisions%20Hemophilia.pdf>. [Last accessed January 2020]. 2. Valentino LA and Kapoor M. Expert Rev Med Devices 2005;2(6):699–711. 3. Jimenez-Yuste V et al. Semin Hematol 2008;45(2 Suppl 1):S64–S67.

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